

#### **Cipla** Foundation

# CARING FOR LIFE

Cipla Foundation in Bangalore 2022





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To know more about our CSR initiatives, please write to us at info@ciplafoundation.com

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### About Cipla Bangalore

Cipla Bangalore has two manufacturing sites -Virgonagar and Bommasandra. The facility in Virgonagar began in 1972 as an area that housed Cipla's agricultural research division. The facility in Bommasandra situated 37 km from Virgonagar is spread across 28 acres and was inaugurated in 2007 to manufacture oncology Active Pharmaceutical Ingredients (APIs).

Our site in Bangalore is amongst Cipla's 40+ manufacturing units around the world. Cipla is a global pharmaceutical company that produces 50+ dosage forms and 1,500+ products. We are committed to ensuring access to high quality and life-saving medicines.

I speak for every Ciplaite when I say that we are united in our quest to care for every life. Through our Foundation, we support initiatives that advance access to quality healthcare and education. I am proud to be a volunteer and am inspired by our communities every day.

#### Geena Malhotra

**Global Chief Technology Officer** 



### About Cipla Foundation

In 15+

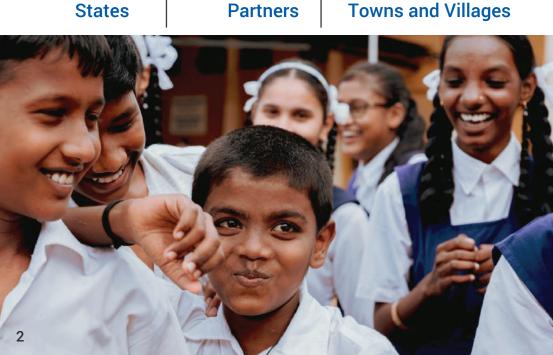
Cipla's vision for an equitable world is built on the foundation of 'Caring for Life.' At Cipla, we recognise the importance of building long-term relationships with all our stakeholders and working collaboratively to achieve positive social change. Our work in the community is carried out through Cipla Foundation. The Foundation works with credible institutions, NGOs, government agencies and domain experts to enhance the outreach of our CSR initiatives.

Cipla Foundation works across four focus areas: Health, Education, Skilling and Disaster Response.

WE WORK ACROSS INDIA

Across **100+** 

with 50+





#### We Envision:

An equitable world built on the foundation of 'Caring for Life'

We work across four key thematic areas

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SKILLING

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EDUCATION

DISASTER RESPONSE

#### **Leader's Speak**



**Daniel Boppuri** 

**Pradeep Gupta** 

'Caring for Life' runs in our DNA. Community development has always been at the core of Cipla and the Cipla Foundation takes it to the last mile.



Every year, we strengthen our initiatives to truly mirror the values of Cipla and strive to take compassionate care closer to communities.

Together with our partners, we have been working to bring quality health, skilling and education within the reach of vulnerable communities.

Anurag Mishra Head, Cipla Foundation



Cipla's social initiatives in Bangalore began in 2014

The Foundation is currently working across

**45+** Villages 30+

Schools

Healthcare Institutions 3,600+

Students



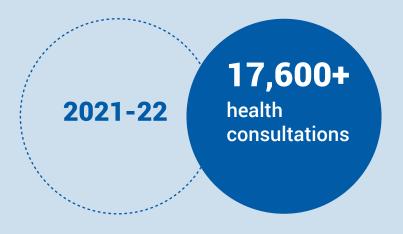
# HEALTH

# **Driving Healthcare Home**

Launched in partnership with HelpAge India in 2020, our Mobile Healthcare Unit (MHU) provides free-of-cost primary healthcare to the doorstep of vulnerable and under-served areas across 75+ villages.

The MHU has a doctor, pharmacist and social protection officer providing healthcare consultations that include diagnosis, treatment and referrals for patients, especially for women, children and the elderly. In addition, the Mobile Healthcare Unit drives awareness of preventive health care and creates linkages between communities and the Government health system.







I have been visiting the MHU for the past 2 years for diabetes and joint pain. Earlier, I could not walk, but now at the age of 79, I walk one kilometre every day.

Subramanyam Patil Bangalore

### Making Palliative Care Accessible

Palliative care is specialised medical care focused on relieving the pain, symptoms and stress of a serious illness. Palliative care is from diagnosis, for children and adults and for their families. The goal is to provide the best possible quality of life at every stage.

We have partnered with **The National Institute of Mental Health and Neuro-Sciences** (NIMHANS) and **Karunashraya** in Bangalore to integrate palliative care into the health care system so that every person who needs palliative care receives it.

#### **Neuropalliative care**

We are supporting an integrated palliative care Outpatient Department (OPD) at NIMHANS to address the needs of people with chronic progressive neurological conditions such as dementia and Parkinson's and are providing support to their families.

The specialised palliative care team at NIMHANS comprising a doctor, nurse, counsellor and physiotherapist work together to manage pain and other symptoms, as well as facilitate discussions around prognosis, goals of care and the impact on the caregiver.

NIMHANS is a premier institute in the country and its vision to provide palliative care for neurological conditions is path-breaking. It is a first of its kind service in India.





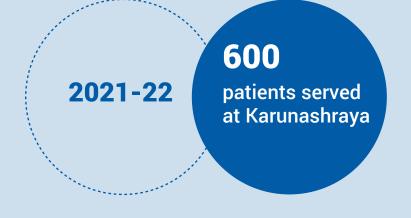
My 73-year-old mother, Janaki, was diagnosed with advanced Parkinson's disease in 2021. We were referred to the palliative care team at NIMHANS. At our first meeting, the team talked to both of us about our concerns and fears. The team also helped me understand how the disease could progress and the reasons for my mother's sudden mood changes. This really helped me reduce my own anxiety. I am not alone on this journey anymore.

Swati Kulkarni Bangalore

### Enhancing the Quality of Life for People with Cancer

We have partnered with Karunashraya since 2018, to support patients living with cancer to have access to palliative care services. Karunashraya provides inpatient, outpatient and home care services to both patients and their families, to improve their overall quality of life. It was founded in 1997 and has served 20,000+ patients free of cost.





Dilip, 79 years, diagnosed with oral cancer and referred to Karunashraya. Over the next month, the team of doctors, nurses and counsellors at Karunashraya worked with Dilip to reduce his pain, heal his wounds and facilitate frequent visits from his family and grandchildren to cheer him up.

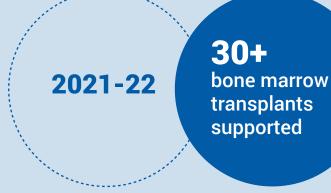
**Dilip Gowda** Bangalore

### **Rare Needs Care**

Thalassemia is an inherited blood disorder characterised by less haemoglobin and fewer red blood cells in the body than normal. In India, thousands of children are living with thalassemia. It is a painful and difficult life – monthly blood transfusions, health complications and a shortened life span. A bone marrow transplant when done at a younger age, gives a child the chance of a normal life.

Together with Sankalp India Foundation-Bangalore, we have been supporting patients who need Bone Marrow Transplant (BMT) surgeries. Since 2019, we have supported bone marrow transplant surgeries in over 150 children.





<image>

"When will I undergo a Bone Marrow Transplant?" 7-year-old Darshan diagnosed with thalassemia major would often ask his doctor. His parents couldn't afford a BMT and approached Sankalp India Foundation for support. Darshan found a match in his brother, resulting in a successful transplant. He is keeping well and is excited to resume school in a month.

**Darshan Biradar** Bangalore



# **EDUCATION**

### **Digital Learning Education & Development (D-Lead)**

With a goal to make education inclusive and equitable for all children, we launched a digital literacy initiative. D-Lead gives a seamless digital learning experience to students by providing tablets pre-loaded with content in regional languages for classes 9 and 10, structured to the state board curriculum.

Distributed to children from government-aided schools near Cipla units, this initiative advances the government's National Education Policy encouraging digital education. During COVID-19, this digital access gave our children the tools to continue learning even as schools remained closed.

2021-22

750+ students & teachers from 6 schools supported with tablets



I am learning so much more because of the many types of content on my tablet – videos, quizzes, stories and questionnaires. I can study at my own pace especially when I'm at home and during holidays. At times when I don't understand a topic in class, I go back to the videos to refresh the lessons. I am doing so well in my exams now.

Nalini Kumari Bangalore

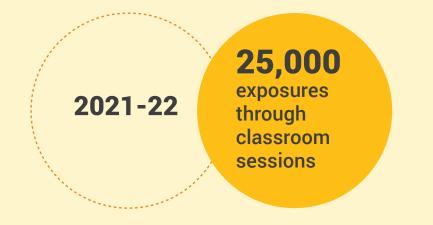
### Mobile Science Lab (MSL)

To make the learning process for children integrated and engaging we partnered with Agastya International Foundation in 2015. We support the MSL programme, reaching out to students across 19 schools.

The MSL travels to the doorstep of schools near Cipla Indore units, with the objective to minimise rote learning and encourage holistic development using critical thinking, creativity and digital literacy. Through hands-on, contextual, relevant and low-cost science models, this initiative seeks to engage students deeply in the sciences as well as the application of science in everyday life.



#### **Community Engagement and Teachers' Training**





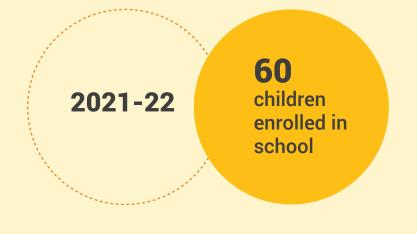
Besides school-based engagement, MSLs also go directly to communities and engage people in the wonders of science, sparking interesting conversations and learning. Teacher training modules are also a critical component of this programme as it empowers teachers to learn low-cost model-making and interactive teaching techniques that promote curiosity and interest in science.

### Supporting Education in Low-income Communities

In partnership with Parikrma Humanity Foundation, we are working to bridge the gap in quality education.

We have adopted two upper kindergarten classrooms located in Nandini Layout and Koramangala area in Bangalore. These English medium schools follow the Central Board of Secondary Education (CBSE) curriculum and provide quality and continued education to children from low-income communities in and around the area.







No one from Tejas' family or neighbourhood has attended an English medium school. Going to school and wearing a uniform brought with it a sense of accomplishment. This bright boy was quick to learn and picked up the language extremely well, holding conversations with both teachers and friends. Tejas wakes up every morning thrilled to be able to go to school and to realise his dream of being a teacher himself.

**Tejas Shetty** Bangalore

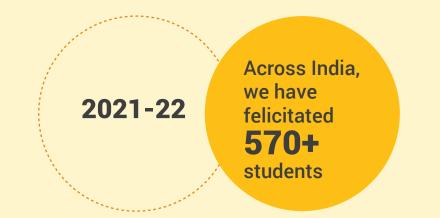
### **ACROSS INDIA**

#### **Recognising merit since 2009**

Every year, we give **merit awards** to children from communities and schools in and around our Cipla units. This is a long-standing and valued tradition that salutes the spirit and hard work of the students. Against all odds, these children strive for excellence, and we encourage and applaud their efforts.

While the top three students receive this award at a special ceremony to felicitate them and honour their teachers, it is an equally important day for every single person in attendance. Most of the awardees are first-generation learners and consider this award as a wonderful recognition of their efforts and a way to continue with their education.

Ciplaites come together at these ceremonies with great pride to award the winners and felicitate their teachers. Our admiration for the children, their families and teachers is acknowledged and expressed, making these events memorable for all.





My friends and I had a lot of trouble attending classes during the pandemic, but the chance of winning a merit award kept us motivated to do our best and keep studying harder. The award inspires us to do better every day. It also supports us to buy the books that we will need for higher studies.

Ashwini Rao Bangalore

### **ACROSS INDIA**

## Standing Strong for Communities in COVID-19

In collaboration with our NGO partners and the local administration, we provided support to frontline workers, healthcare staff, patients, students and communities, reaching out to **3,50,000+** people across India, helping communities recover and emerge stronger. We continued our COVID-19 support by providing:

# 2021-22

100+

oxygen concentrators, ventilators and COVID-19 equipment

kits

50,000+

rapid antigen

masks, PPE kits and protective gears

**1,00,000+** people vaccinated across India

#### Supporting Vulnerable Families



**Vaccination Drive across Communities** 





### **Continued Care during COVID-19**

# Mobile Healthcare Units continue to reach the last mile

With stringent safety protocols, the Mobile Healthcare Units continued reaching locations with free-of-cost medicines for patients with chronic conditions.

### continued to videoconfer with suppor

1,800+

consultations

during the

COVID-19 lockdown

health

### **Continuing to Learn in COVID-19**

Despite schools closing due to the COVID-19 pandemic, students and teachers from schools near Cipla units continued to learn through WhatsApp, videoconferencing and audio sessions with support from our partners.

**10,000** children engaged



### **ACROSS INDIA**

### **Disaster Response**

Standing by communities in natural disasters Building resilience for the future

We support communities with immediate relief during natural disasters. In 2021- 2022, our work included flood relief in Tamil Nadu and Kerala, shelter, and relief material distribution for the Mumbai landslide, as well as support during the Mahad and Chiplun floods. In Odisha, in collaboration with HelpAge India and the local administration, we distributed hygiene kits, face masks, and dry ration during Cyclone Yaas.





### 2021-22

5,000+

hygiene and grocery kits

#### 2,800+

**35,000+** cooked meals

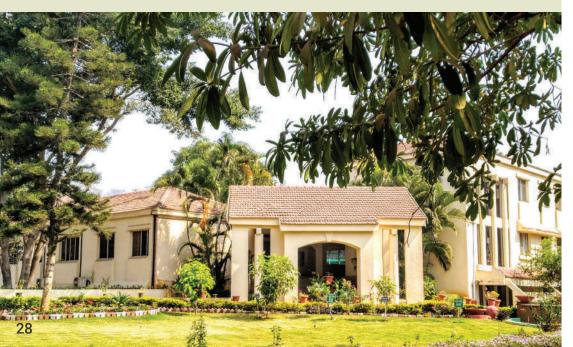
families impacted by disasters reached out to with relief material

## Cipla Palliative Care & Training Centre, Warje, Pune

#### Rooted in our legacy of care for the last 25 years

The diagnosis of a serious illness makes relentless physical, emotional and financial demands, not only on patients but also on their loved ones. It was to support them in their most difficult times that **Cipla founded the Palliative Care & Training Centre in 1997 in Warje, Pune.** Since then, we have served over **20,000 patients and their families** free of cost.

Today, we have **24 partners** across **18 cities** in India providing palliative care services. Together, we launched the **Saath Saath** helpline **(1800-202-7777)**. This national toll-free number is staffed by trained palliative care volunteers who listen, assess, and link callers to the nearest palliative care provider. **Saath Saath** could make all the difference to someone who might be in pain and needs support. We hope that everyone will play their part in spreading awareness about the helpline.





## Cipla*for* Change

Ciplaites across India shared their time and skills for causes they felt most passionately about

Caring is deeply ingrained in our DNA and our compassionate approach towards people, the planet and purpose have been the force driving our history over the years. At Cipla Foundation, we endeavour to serve the communities in collaboration with like-minded partners and institutions.

Umang Vohra Managing Director & Global CEO

## 2021-22

**9,500** employees **23,000** volunteering hours